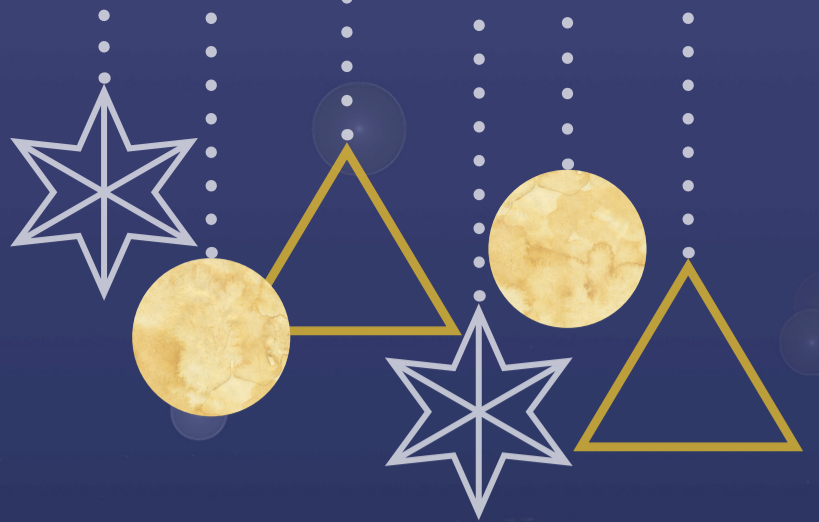




Foodbank Reverse Advent



USE YOUR STAR STICKERS TO MARK THE DAYS OFF AS YOU DO THEM AND AT EACH  YOU'LL HAVE ALL THE ITEMS NEEDED FOR A FULL BAG!

<p>TIN TOMATOES</p> <p>1</p> <p>SHARE THIS ADVENT CALENDAR WITH A FRIEND</p>	<p>TIN SWEETCORN</p> <p>2</p> <p>SEND SOMEBODY A COMPLIMENT</p>	<p>TIN TUNA</p> <p>3</p> <p>BRING SOME TREATS TO SHARE IN YOUR WORK OR SCHOOL</p>	<p>PASTA SAUCE</p> <p>4</p> <p>GIVE SOMEONE YOUR FULL ATTENTION</p>	<p>PASTA</p> <p>5</p> <p>WRITE DOWN 10 THINGS YOU'RE THANKFUL FOR</p>	<p>BAKED BEANS</p> <p>6</p> <p>LET SOMEONE GO IN FRONT OF YOU IN A QUEUE</p>
<p>BISCUITS</p> <p>7</p> <p>SHARE A POSITIVE MESSAGE ON A FRIEND'S SOCIAL MEDIA</p>	<p>INSTANT CUSTARD</p> <p>8 </p> <p>CONSIDER SIGNING UP TO THE ORGAN DONOR REGISTER</p>	<p>ORANGE JUICE</p> <p>9</p> <p>READ THE CHRISTMAS NATIVITY STORY</p>	<p>TEA (SMALL BOX)</p> <p>10</p> <p>FORGIVE SOMEONE WHO HAS HURT YOU</p>	<p>SUGAR (500G)</p> <p>11</p> <p>SEND A THANK YOU NOTE TO A TEACHER, FRIEND OR LOVED ONE</p>	<p>CEREAL (VARIETY PACK)</p> <p>12</p> <p>TAKE 5 MINUTES TO BE SILENT AND ENJOY PEACE</p>
<p>LONG LIFE MILK</p> <p>13</p> <p>PRAY FOR PEACE IN SOMEONE'S LIFE</p>	<p>COFFEE</p> <p>14</p> <p>OFFER TO BUY SOMEONE A HOT DRINK</p>	<p>TINNED FRUIT</p> <p>15 </p> <p>SMILE AND SAY THANK YOU TO EVERYONE WHO SERVES YOU TODAY</p>	<p>TOILET ROLL (x2)</p> <p>16</p> <p>WRITE A KIND MESSAGE FOR A LOVED ONE TO FIND</p>	<p>TOOTHBRUSH</p> <p>17</p> <p>RING OR VISIT SOMEONE YOU KNOW IS LONELY, JUST TO SAY HI.</p>	<p>TOOTHPASTE</p> <p>18</p> <p>CONSIDER HOW YOU COULD HELP A LOCAL CHARITY</p>
<p>2 IN 1 SHAMPOO</p> <p>19</p> <p>PUT YOUR LOOSE CHANGE IN A CHARITY BOX</p>	<p>SOAP</p> <p>20</p> <p>SHARE YOUR FAVOURITE MEMORIES WITH SOMEBODY</p>	<p>WASHING UP LIQUID</p> <p>21</p> <p>HELP SOMEONE COMPLETE A TASK</p>	<p>DISH CLOTHS</p> <p>22 </p> <p>CLEAR UP SOME LITTER FROM YOUR STREET</p>	<p>SANITARY TOWELS</p> <p>23</p> <p>TAKE A WALK AND BE THANKFUL FOR WHAT YOU SEE</p>	<p>DEODORANT (UNISEX)</p> <p>24</p> <p>PRAY FOR ALL THOSE RECEIVING THESE BAGS</p>

BY BUYING EACH DAY'S ITEM, YOU WILL HAVE PROVIDED BREAKFAST, MEAL AND TOILETRIES BAGS FOR SOMEONE WHO IS GREATLY IN NEED. ONCE YOU'VE BOUGHT ENOUGH TO FILL ONE BAG, BRING IT TO BIRMINGHAM VINEYARD. IF YOU CAN'T COMMIT TO FILLING THREE FOODBANK BAGS, THERE'S AN ALTERNATE ACTION EACH DAY.

THANK YOU FOR LIVING A GENEROUS ADVENT