



BIRMINGHAM
VINEYARD

Small Group
PRAYER RESOURCES

Stilling Prayers 2

HE SAYS, "BE STILL, AND KNOW THAT I AM GOD;
I WILL BE EXALTED AMONG THE NATIONS,
I WILL BE EXALTED IN THE EARTH."

PSALM 46:10

TAKE THE PHRASE FROM PSALM 46:10 AND SAY IT SLOWLY,
PAUSING IN BETWEEN FOR AROUND 20 SECONDS BY
OMITTING THE LAST WORD/PHRASE:

BE STILL AND KNOW THAT I AM GOD PAUSE

BE STILL AND KNOW THAT I AM PAUSE

BE STILL AND KNOW PAUSE

BE STILL PAUSE

BE PAUSE